

Village of South Holland

Recreational Services

The Village of South Holland is seeking **Certified Fitness Instructors** to work as independent contractors to fulfill the set requirements of classes, including dates and times classes are scheduled.

Certified Fitness Instructors: Aquatic or Land

Job responsibilities include but are not limited to:

- Developing a fitness class as determined, meeting the appropriate Frequency, Intensity, and Time
- Plan class outline and follow through
- Supervise and monitor class
- Organize equipment
- Maintain accurate records, including attendance
- Review and evaluate progress of class; make adjustments as needed
- Report any safety concerns or injuries

Education and training:

- Current certification from a national accredited certifying agency:
ACE, AFAA, AEA, NSCA, NESTA, AF, CI, NASM, ACSM, TRX, NPI, Spinning, Zumba, Yoga Fit, STOTT, Silver Sneakers, Kettleworx, WERQ
- Current CPR/AED
- Liability Insurance

Position Qualifications:

- One (1) year experience after completion of certification
- Knowledge of equipment used for specified class

Salary TBD based on experience

Employment applications are available online at SouthHolland.org

Completed applications and/or resumes must be submitted to Employment@SouthHolland.org by April 15, 2022

EOE